



✧ Anastasia Ester ✧

LETTER TO THE READER

My dear friend,

I welcome you with tenderness and gratitude for holding this book in your hands. May it become a source of inspiration for you and a gentle reminder of the power of love that surrounds us and fills our lives each and every day.

I invite you into a world of wonder and magic, where the inhabitants of distant star-filled galaxies set off on extraordinary journeys, learning kindness, wisdom, and the beauty of an open heart along the way.

I want to tell you about Lio and her adventures. Open your heart together with her, and step into a magical journey where every moment is a miracle, and every adventure becomes a priceless lesson for your soul.

May this book, *Journey to Earth*, along with the other stories about Lio, wrap you in a soft and comforting light, filling your life with meaning, and every new morning with hope and joy.

May the love hidden within these pages become a guiding star upon your life's path, opening before you new horizons of kindness, harmony, and inner light.

(P.S. At the end of the book, you and your parents will find thoughtful and meaningful questions that will help you get to know one another even better.)

With love,

Anastasia Estèr

THE STAR SOUL

In a galaxy far, far away, at the very edge of the universe, the stars shimmered like tiny sparks scattered across a celestial tapestry. Each star was a place of birth for countless souls preparing to begin new lives and embark upon new journeys. And among those stars lived a soul named Lio.

Lio came into being within the Star Galaxy as a glimmer of light, formed from the living energy of the Universe itself. Her birth was a moment of great joy for all who dwelled among the stars. There, upon her radiant star, she found a family — other young souls, as well as wise Mentors who cared for her tenderly and guided her learning. Living there too were the Sparks of Wisdom — ancient luminous beings who carried within them the secrets of time and space. They drifted through the skies of the galaxy like living constellations, offering knowledge, inspiration, and quiet understanding to all the inhabitants of the stars.

While Lio lived upon her star, her days were filled with wonder. She learned the harmony of sound and color, watched the glowing fragments of the universe dance through endless cosmic currents, and listened to the stories of the Elders, who spoke of life, love, and the invisible threads connecting all living things. She played with the other young souls, discovering the pure joy of existence itself.

And then, one day, the time came for Lio to choose her next great adventure.

She gazed upon countless worlds scattered throughout the universe, each one carrying its own mysteries and destiny. Among them was a blue planet called Earth. Something about its magnificent simplicity and vastness called softly to her soul.

Rich with emerald forests and deep sapphire oceans, Earth radiated warmth. It drew her closer with its mysteries, its beauty, and the infinite diversity of lives unfolding upon it.

Lio understood that Earth would offer her a rare and sacred opportunity — the chance to become an immortal spirit within crystallized matter; to experience countless emotions and sensations; to feel unity with nature; and to learn love in all its many forms and expressions. She could feel the heartbeat of the planet pulsing through the cosmos, and deep within herself she knew that there, on Earth, she would be able to use her star-born energy for goodness and light.

She chose Earth not only because of its beauty, but because she felt that her own light might help people remember the universal connection between the energies of the cosmos and the human heart, filling their lives with kindness, compassion, and mercy. Lio prepared herself for the journey ahead, her soul overflowing with determination to discover a world woven from love and harmony.

And yet, before her greatest adventure could begin, one final and most important choice awaited her — the choice of a family, of her earthly mother and earthly father.

Before leaving her cradle among the stars, Lio needed to find the souls who would help her awaken the light hidden deep within her. She searched for hearts filled with love and gentleness, so that when she arrived on Earth, she would feel herself part of something far greater, deeper, and infinitely meaningful.



THE SPECIAL CHOICE

Before her journey to Earth began, while Lio still dwelled among the stars, she was surrounded by wise Mentors who guided young souls in making conscious and meaningful choices about their future earthly incarnations. They understood that every soul was unique, and that each lifetime was an opportunity to reveal one's finest qualities and to discover the true meaning of love, compassion, and support.

And when the moment came for Lio to make her own special choice, she found herself standing within the magnificent Mirror Gallery of Destinies.

There, among countless shimmering reflections, every possible earthly life revealed its hidden mysteries before her eyes.

The mirrors showed an endless number of families, each carrying its own unique energy, story, and path through life. The Mentors allowed Lio to glimpse how her earthly journey might unfold depending on the choice she made. She could see what she would look like, whether she would be born a boy or a girl, and even choose the color of her eyes and hair. There were infinite possibilities, endless variations of fate... and every single choice held its own beauty, meaning, and quiet allure.

Some of the families lived in vibrant, bustling cities, filling their days with creativity, passion, and heartfelt emotion. Others made their homes among forests and open fields, where the laws of nature and the gentle rhythm of harmony reigned above all else. There were families who wandered across the world, absorbing the richness of different cultures and sharing wisdom with everyone they encountered along their path.

Some devoted their lives to scientific discovery, nurturing curiosity and a deep desire to understand the mysteries of existence. Others possessed boundless

kindness, dedicating themselves to caring for those around them and helping all who needed love, comfort, or support.

Yet despite all their differences, every family shared one beautiful dream: the dream of welcoming a child born of love into the world. For each of them, it would become the beginning of a new chapter — one filled with joy, transformation, and countless discoveries.

Lio could see that every family carried its own story, its own unique destiny, and its own collection of qualities which, when joined with the light within her soul, could create something truly extraordinary.

As she began to understand the depth and sacred complexity of this choice, Lio turned inward to her heart, seeking guidance beside the Mentors whose eyes radiated kindness and ancient wisdom. And in that moment, she realized something profoundly important:

her purpose was not to search for a perfect family, but to reveal her own light in such a way that it would bring love, healing, and wholeness into the lives of those with whom she was destined to walk her earthly path.

When Lio came to this understanding, the Mentors told her about another deeply important element — one without which incarnation upon Earth would be impossible.

The Soul Contract.

This contract was a sacred spiritual agreement that every soul created before entering earthly life. Within it were written the values, lessons, and experiences the soul wished to encounter during its journey on Earth, as well as the promises it was willing to make to itself and to all those it would one day meet along the way.

Lio carefully considered every possible path her destiny might take, and at last she signed her contract, filling it with everything that mattered most to her soul, with great love and extraordinary detail: the desire to learn how to love and receive love; openness to change and the search for inner harmony; the ability to give and also to accept; to help others with a pure heart while expecting nothing in return; to live in gratitude for all that one already has; to love unconditionally... and so many other beautiful intentions woven into the fabric of her future life.

And when her preparations were finally complete, Lio made her special choice within the Mirror Gallery of Destinies.

She was ready to journey to Earth, carrying within her the light that would one day bring more warmth, kindness, and love to her future parents and to the world around her.

And with that certainty glowing inside her soul, Lio's star-born energy began to shine brighter than ever before. Then, with courage in her heart, she stepped forward toward her incarnation, knowing that ahead of her awaited an extraordinary journey — one filled with breathtaking discoveries, challenges, trials, and the countless wonders of earthly life.



THE POOL OF FORGETFULNESS

Having made her special choice, Lio stood beneath the light of the stars, wrapped in the warmth and energy radiating from those who had long been her guides, her comfort, and her home. Deep within her soul, she knew the time had come to say goodbye to her friends and Mentors before beginning a new and wondrous journey to Earth — a journey filled with beauty, mystery, and the unknown.

With tender trembling in her heart, Lio approached each soul she loved to bid them farewell.

Her parting words flowed like streams of light:

“I will carry my light with me, and I will remember everything you have given me.”

The inhabitants of the stars wished her well, surrounding her with shimmering stardust and soft applause that fluttered around her like wings of comfort and blessing. They knew they would not see one another again for one hundred earthly years — though within the rhythm of the stars, such a span was no more than a single fleeting moment.

Then a great spiral of star-born energy lifted Lio into its radiant currents, carrying her through the glowing galaxies and endless universes. The journey became a rushing river of light, spiraling downward like a cosmic tornado, pulling her gently into a new reality — life within the womb of her earthly mother.

And at that very moment, Lio’s future parents learned that they were expecting a child and heard the sound of her heartbeat for the very first time.