

**Ages
5-8**

**Exploring
Fear**



«MUFFIN IN THE CAVE OF FEAR»

«A story series to help kids grow their
emotional intelligence»

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Imagine a magical forest where a fluffy little cloud named Muffin lives. She loves to laugh and play with her friends. Just like you, they have all sorts of exciting adventures. Are you ready to hear about one of them? Let's go!

One day, Muffin and Hedgehog went to visit Wise Bird for lunch, but she wasn't there! Instead, there was a little note pinned to her door.





*Off to the Cave of Fear
to find the Feather of
Bravery. Be back by
lunchtime!*

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to find the Feather of
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Muffin's heart started beating faster.
Something was definitely wrong. She said,

But it's already
lunchtime! We have to
go find Wise Bird right
now!

Or... maybe we
could just wait a
little bit?



The friends arrived at the Cave of Fear
– a place where everyone's scariest
thoughts come to life the moment
they step inside.





This is where the Big Black Shadow lives. Let's get out of here. Fast!!!





AAAAA!!!

H-E-L-P M-E!"