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Vantage English Course

учебное пособие

ЮЖНЫЙ ФЕДЕРАЛЬНЫЙ УНИВЕРСИТЕТ
ЮФУ
РОСТОВ-НА-ДОНУ-ТАГАНРОГ

110 лет ЮФУ

МИНИСТЕРСТВО НАУКИ И ВЫСШЕГО ОБРАЗОВАНИЯ
РОССИЙСКОЙ ФЕДЕРАЦИИ
Федеральное государственное автономное образовательное
учреждение высшего образования
«ЮЖНЫЙ ФЕДЕРАЛЬНЫЙ УНИВЕРСИТЕТ»

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Учебное пособие

Ростов-на-Дону – Таганрог
Издательство Южного федерального университета
2025

УДК 811.111(075.8)
ББК 81.432.1я73
В12

Печатается по решению кафедры лингвистики и профессиональной коммуникации Института филологии, журналистики и межкультурной коммуникации Южного федерального университета (протокол № 9 от 24 апреля 2025 г.)

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В12 Vantage English Course : учебное пособие /Л. Н. Бережанская, М. Л. Воловикова, А. Н. Кудряшова и др. ; Южный федеральный университет. – Ростов-на-Дону ; Таганрог : Издательство Южного федерального университета, 2025. – 141 с.
ISBN 978-5-9275-5052-4

Пособие нацелено на комплексное развитие коммуникативной языковой компетенции студентов бакалавриата, обучающихся по направлениям 45.03.02 «Лингвистика», 45.03.01 «Филология», 45.05.01 «Перевод и переводоведение», 45.03.04 «Интеллектуальные системы в гуманитарной сфере» на уровнях B2-B2+ (Vantage) по шкале «Общеевропейских компетенций…». Пособие структурировано по практическим тематическим модулям: «Sports and Adventure», «Shopping and Wear», и «Culture and Festivals». Каждый модуль содержит комплекс упражнений, нацеленных на развитие всех видов речевой деятельности, включая творческие и проектные задания. Теоретический раздел «Writing Essentials» содержит рекомендации по развитию письменной речи.

Новизна пособия заключается в сочетании актуального тематического содержания (психология экстремальных видов спорта, цифровизация потребительского поведения, трансформация культурной идентичности в эпоху глобализации) с традиционными аспектами изучения языка. К его достоинствам можно отнести системный подход к расширению словарного запаса и обширный материал для развития навыков аналитического мышления.

УДК 811.111(075.8)
ББК 81.432.1я73

ISBN 978-5-9275-5052-4

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MODULE 1. SPORTS AND ADVENTURE

LEAD-IN

Exercise 1. Look at the sports-themed pictures with descriptions showing different emotions. Choose the picture that best matches how you feel. You can pick different ones if your feelings are mixed. Share your choice. Listen to others and see if you can find someone who feels the same or differently.



Just floating along – I'm feeling calm and easygoing
Eyes on the ball – I'm sharp and dialed in, ready to tackle whatever comes my way
I'm feeling annoyed and fed up, as if life just won't cooperate
Kicking time away – I'm feeling a bit bored, like I'm stuck waiting on the sidelines
In my own world – I'm neutral and detached, observing but not engaged
Chasing the sun – I'm feeling hopeful and ready for good things

Pic. 1

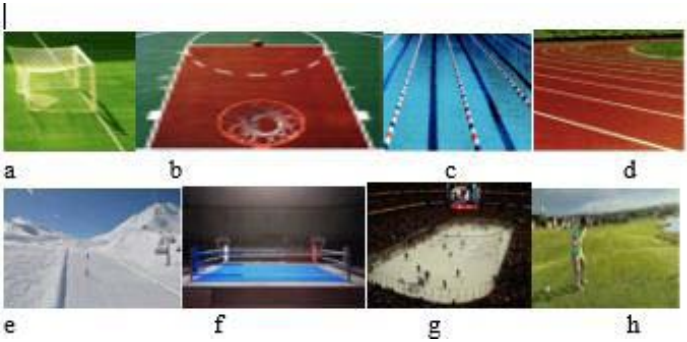
Exercise 2. In pairs or small groups, brainstorm and list as many different sports as you can in 3 minutes. Then, categorize them into groups. Finally, discuss:

1. Which sports do you find easiest or hardest to do? Why?
2. Which sports do you DO, PLAY, GO? Think of as many examples as possible. What is the rule of using these verbs with sports and activities?
3. What are the advantages and disadvantages of team sports over individual sports? Which do you prefer?
4. Would you say you were a competitive person?

5. Which sports have you done yourself? How good are you at doing them? Share you sports experience with your group-mates.
6. Which sport do you think requires the most skill or talent?
7. What is the most memorable sporting event you have attended or watched on TV?
8. Do you have a favorite athlete?
9. What sport would you like to learn or try in the future, and why?

Exercise 3. Match the following names with the photos. Which sports are played in the places shown? Which other sports can be played there?

1) court 2) pitch 3) track 4) pool 5) rink 6) ring 7) course 8) piste



Pic. 2

Exercise 4. Classify the words into the following groups. Make sure you know all of them. Choose one word from each group, explain it in English and ask your groupmates to guess it.

Things you can do with a ball:	
Playing areas:	
Officials and other people in sports:	
Score/result:	
Competition and its parts:	
Field events:	

to throw, umpire, to head, ring, pole-vault, to draw /to end in a draw, rink, to pass, a match, a shot put, to hit, the latest score, to catch, to lose, ace, a track, long-jump, to kick, an assistant referee/linesman, supporters, alley, quarter-final/semi-final/final competition, a bench player, a pitch, a coach, a course, discus throw, a

championship, a court, a crowd, a stadium, javelin, a referee, a penalty shoot-out, a knock-out competition, a line judge, to beat, to win, to lead, fans, to defeat, piste, to break the record, to score points/a goal, deuce, love/nil, the final score, extra time, a tie-break, a league, to hold the record, a cup competition, a contest, high-jump, a captain, a sprinter, a long-distance runner, spectators, a tournament, steeplechase, triple jump.

Exercise 5. Say to which sports each group of words refers. Then give a short description of the sport you name.

Model: Lawn tennis is a racquet sport played on a court divided by a net. It is played year-round either individually (against a single opponent – singles) or between two teams of two players each (doubles).

«1. court, baseline, serve, volley _____
2. pool, butterfly, breaststroke, turn _____
3. foil, epee, saber, hit _____
4. course, hole, flag, clubs _____
5. rink, puck, stick, goal _____
6. racket, shuttlecock, smash, lob _____
7. reins, fence, whip, winning post _____
8. track, pedals, handlebars, lap _____
9. bow, arrow, target, bull _____
10. boat, rope, ramp, tricks _____
11. mat, horse, bars, beam _____
12. table, pocket, cue, red _____
13. corner, goal-kick, striker, goalkeeper_____
14. ring, ropes, corner, bell_____
15. board, square, pawns, queen _____» (Милькевич,2016).

Exercise 6. Guess which sports are described in the sentences below. You may name some sports more than once. Which words helped you to guess?

«1. The ball has a natural curve on it so it doesn't go in a straight line on the grass.
2. Provided it's not too windy at the top, there's no problem.
3. It is incredibly noisy, fast and dangerous, but it's really exciting to watch.
4. You get sore at first and can hardly sit down, but you get used to it after a while.
5. It's all a matter of balance really.
6. You need a good eye and a lot of concentration.
7. The referee gave the try although many people thought it was a forward pass.
8. He scored the winner with a beautiful free kick from just outside the penalty area.
9. He served fifteen aces and not one double fault.

10. The coach called a time out with just 45 seconds left and two points between the teams
11. He crashed into the car in front with just two laps remaining.
12. First he was booked (= the yellow card) for a bad tackle, and then he handled the ball inside the penalty area, so, the referee had to send him off (= the red card).
13. In the 200 metres freestyle, he overtook the Russian on the final length to win the race.
14. She sprinted away from the rest of the field on the final lap and won easily.» (Милькевич, 2016).

Exercise 7. Give a noun for a person who does the following:
«1. rides horses in races; 2. drives cars in motor races; 3. throws the discus or javelin; 4. races over short distances; 5. plays hockey; 6. plays football; 7. does the pole-vault; 8. does archery; 9. does gymnastics; 10. does the long-jump» (Кравченко, 2010).
Think of three other words to call participants of other sports and ask your groupmates similar questions.

Exercise 8. Look at these groups and decide which word does not belong to each group. Explain why:

1. drop shot, ace, overhead smash, shuttlecock, break-point, love _____
2. checkmate, baton, rook, pawn, board, stalemate _____
3. hoop, backboard, three-point line, net, crosscourt, dribbling _____
4. set, reception, shot put, jump serve, float serve, front row_____
5. reins, decathlon, heptathlon, pentathlone, marathon, relay _____
6. shot, discus, cue, javelin, hammer, baton _____
7. extra time, handball, offside, penalty area, corner kick, triple jump _____
8. clubs, balls, buggy, a substitute, course, gloves _____
9. judge, referee, umpire, outside hitter, a linesman _____
10. bowstring, arrow, bull's eye, handlebar, fletchings, a quiver _____
11. breaststroke, butterfly, pool, freestyle, backstroke, front crawl _____
12. foil, epee, sabre, lamé, helmet, body cord _____
13. piste, hurdle, pool, court, course, ring _____
14. cricket, rugby, soccer, table tennis _____
15. dribble, pass, suspend, shoot
16. train, practise, defeat, work out _____
17. champion, leader, holder, runner-up _____

Exercise 9. Complete the chart. Add more words to columns if you can. Then make a sentence/sentences (see the Model) to describe each sport.

Model: In a game of tennis which is played on the court, a tennis-player, wearing shorts and training shoes, swings a racket to hit the ball over the net.

SPORTS	**ATHLETE**	**EQUIPMENT**	**VENUE**
tennis	tennis-player	racket, shorts, net, training shoes	court
table tennis	player, receiver, server	table, ball, net, bat	
swimming	swimmer	trunks/costumes, goggles, flippers, stopwatch	
boxing		vest, shorts, boxing gloves, boots	ring
archery	archer, bowman	bow, arrows, gloves, cap to shade the eyes	
badminton	badminton player	racket, shuttlecock; sweatshirt, shorts, tennis skirt, tennis- style shoes, sweat bands	
hockey		stick, ball; shinpads, safety-helmet, skates, whistle	pitch
golf		clubs, balls, buggy	course
football	footballer, football player	boots, shorts; ball, goals, net; whistle	
skiing		sticks, skis, ski suit, ski boots	mountain slopes/ piste
athletics		hurdles, baton, hammer, javelin, starting blocks	track, field, lap, lane
running/sprint/jogging		vest, shorts, running shoes or spikes	track
mountaineering/climbing	mountaineerer, alpinist, mountain-climber		track
motor racing	motor-racer	crash helmet	
baseball		bat, ball; caps, gloves, shinpads	field
darts		darts, dartboard	pubs, clubs
snooker/pool/billiards		cue, pocket	clubs

canoeing	canoeist	paddle	
rowing		sculls/shells, oars/ blades,	
surfing		surfboard	sea
scuba diving		wetsuit	sea, ocean
weightlifting		weights	gym
paragliding		a wing/canopy, a harness, an altimeter	launch training site (grassy or sandy)
cricket	cricketer	bat, gloves, batting pads, helmet,	
cycling		helmet	track
horse-racing	jockey	boots, saddle, Saddle pads, bridle, harness, goggles	
gymnastics	gymnast	pommel horse, balance beam, rings, uneven bars, horizontal bar, parallel bars, high bar, trampoline, landing mat, vault board,	
fencing	fencer		piste, strip
javelin throw	javelin thrower, javelineer, spearman		

Exercise 10. Choose a kind of sports and prepare an informative and engaging presentation to tell the class about it.

Exercise 11. Listen to the audio about unusual sport. For questions 1-7, choose the best answer.

1. When Mike saw a chess boxing match, he was surprised by
A) how skilled the competitors were at both parts of the sport.
B) how much fun the competitors were having.
C) how aggressive the competitors were.

2. Having read about octopushing, Mike finds it difficult to believe that
A) players do not have to hold their breath for long intervals.
B) a high level of fitness is not required to play it.
C) it is an exciting sport to watch.

3. What does Mike say about wife carrying?
A) Male competitors must not be over a certain weight.
B) The name of the sport is not entirely appropriate.
C) The sport has a lot of complicated rules.

4. What is Mike's criticism of sports like wife carrying?
A) They are not suitable for young children.
B) They should not really be called sports.
C) They are not worth taking seriously.

5. What do we learn about the organizers of toe wrestling?
A) They apply what they learn from international competitions.
B) They have arranged a number of events in schools.
C) They made a request which was rejected.

6. How does Mike feel about the human triumphs in the Man Versus Horse Marathon?
A) They are very surprising.
B) They deserve more recognition.
C) They are unlikely to be repeated.

7. Why did Mike give up running?
A) He was injured.
B) He lost interest.
C) He had no time (Bell J, Thomas A., 2018).

SPORTS IDIOMS

Exercise 1. Match the idioms with their definition. Think of their Russian equivalents:

1) get the ball rolling	a) to admit that you are defeated or cannot do smth any more;
2) drop the ball on smth.	b) to bring smth to the attention of other people in order to stop smth illegal or immoral;
3) throw in the towel	c) start an activity, process, discussion;
4) front runner	d) do smth risky, take a chance;
5) throw someone a curveball	e) to lose or fail intentionally, to pretend;
6) blow the whistle on someone	
7) on the ball	
8) out of someone's league	
9) race against time	
10) skate on thin ice	

11) a sore loser
12) win hands down
13) across the board
14) not up to par
15) get a second wind
16) neck and neck
17) hit below the belt
18) take a mulligan
19) score an own goal
20) take a dive

f) to make a mistake by not taking action or dealing with smth that should have been planned for;
g) easy victory;
h) act unfairly or cruely;
i) a second chance to perform an action after bad luck or a blunder;
j) the person, idea, or product that seems most likely to succeed;
k) to be in a close tie with sb;
l) ready and able;
m) equal for everyone;
n) do smth that has the unintended effect of harming your own interests;
o) someone who gets very upset or angry when they lose a game or contest;
p) have a burst of energy after tiring;
q) not as good as sb else;
r) there is almost no time left to accomplish smth;
s) not good enough for a job or position;
t) to surprise sb with smth unexpected, challenging, or difficult to deal with

Exercise 2. Complete the sentences with the right idiom in the correct form. Use each idiom only once.

1) This project is a mess. It needs … , a complete restart.
2) Cutting their own marketing budget so drastically was a self-inflicted wound for the company, … leading to a decline in sales.
3) It is so obvious that the player from England …! He definitely wanted to draw a penalty kick for his team!
4) They needed … on that project as soon as possible. They coudn't waste time.
5) The new receptionist … really … when it comes to answering the phone but is almost useless in anything else.
6) I'd like to date Katie, but I'm afraid I'm **…** .
7) I hope David … on this – we're relying on him.
8) When Jim saw that his arguments were not going to be accepted, he … and left.

9) Right now he's … in next week's elections for the local government.
10) If you're late again, the boss will probably fire you. He once said you're already … .
11) Mother Nature … last winter with record-breaking amounts of snow.
12) Jack … on the criminal activities of the company he was working for.
13) It's … to find a kidney donor for my cousin.
14) Nobody wants to play with him anymore because he is … .
15) George looked really tired after 3 kilometres of running, but then he got … and won the race!
16) The other team was missing half of its players, so we … .
17) Either of them could win a seat in Parliament. They were … in the election campaign.
18) James … her … when he gave a comment about her weight which ended their relationship.
19) There are problems in every department, so the changes have to be … .
20) I'm sorry we couldn't hire you. Your CV for the position just isn't … .

Exercise 3. Answer the questions. Think of similar questions for your groupmates with idioms which are not used in this exercise.

1. Describe someone you know who is always **on the ball**.
2. Do you believe the idea that someone can be **out of your league** in dating is a helpful mindset or a limiting one? Why?
3. Can you think of a recent news story where rescuers were in a **race against time**? What was the outcome?
4. What is something people often do at work that means they are **skating on thin ice** with their boss?
5. How would you politely tell a friend that their work on a joint project was **not up to par**?
6. After feeling completely exhausted during a long day, what do you do to **get a second wind** and keep going?
7. Which two companies or brands are **neck and neck** in competition in the technology sector right now?
8. In a heated argument, what is considered **hitting below the belt** when criticizing someone?
9. When is it acceptable to **throw in the towel** on a personal goal, and when is it a sign of giving up too easily?

10. If you saw a classmate or colleague cheating on a major exam or project, would you **blow the whistle** on them? Why or why not?
11. Do you ythink it's a good idea that Russian school-leavers are given **a mulligan** to retake one of their Unified State Exams?
12. You want to learn a new language. What small, daily action could you take **to get the ball rolling**?
13. Have you ever **scored an own goal** by trying to help a friend's relationship, but actually made things worse?
14. Would you ever **take a dive** in a friendly game and lose on purpose to let a friend win? Why or why not?