РАНХиГС

РОССИЙСКАЯ АКАДЕМИЯ НАРОДНОГО ХОЗЯЙСТВА
И ГОСУДАРСТВЕННОЙ СЛУЖБЫ
ПРИ ПРЕЗИДЕНТЕ РОССИЙСКОЙ ФЕДЕРАЦИИ

Тверской филиал

В.С. Загуменкина

АНГЛИЙСКИЙ ЯЗЫК



Тверь 2019

УДК 811.111
ББК 81.2Англ
З14

Автор:
Загуменкина В.С., кандидат филологических наук, доцент кафедры гуманитарных и естественно-научных дисциплин Тверского филиала РАНХиГС

Рецензент:
Ращупкина К.С., кандидат филологических наук, доцент кафедры иностранных языков гуманитарных факультетов ФГБОУ ВО «Тверской государственный университет»

З14 **Загуменкина В.С.** Английский язык. Учебно-методическое пособие для студентов очной и заочной форм обучения, обучающихся по направлению подготовки 38.03.01 Экономика, 38.03.02 Менеджмент, 38.03.04 Государственное и муниципальное управление / В.С. Загуменкина. – Тверь: ООО «Издательство «Триада», 2019. – 140 с.

ISBN 978-5-94789-903-0

Учебно-методическое пособие предназначено для аудиторной и самостоятельной работы студентов первого курса очной и заочной форм обучения по направлениям подготовки 38.03.01 Экономика, 38.03.02 Менеджмент и 38.03.04 Государственное и муниципальное управление. Пособие имеет целью сформировать компетенцию УКОС-4 посредством развития навыков чтения и говорения на иностранном языке, а также отработать основные грамматические правила. Включенные в первую часть пособия оригинальные адаптированные тексты сопровождаются заданиями, позволяющими отработать лексику в устной и письменной речи по следующим блокам тем: «О себе», «Внешность и характер», «Мое хобби», «Мое свободное время», «У врача», «Работа и карьера», «Наука и технологии в нашей жизни». Во второй части пособия представлены грамматические правила с упражнениями по следующим темам: Личные местоимения, Притяжательные местоимения, Множественное число имен существительных, Местоимения some, any, no и их производные, Местоименные прилагательные much, many, little, a little, few, a few, Степени сравнения прилагательных, Времена, Пассивный залог, Согласование времен, Прямая и косвенная речь.

Рекомендовано к изданию кафедрой гуманитарных
и естественно-научных дисциплин
Тверского филиала РАНХиГС
Протокол от 03 июля 2019 года № 11

ББК 81.2Англ

© В.С. Загуменкина, 2019
© Тверской филиал РАНХиГС, 2019
© Макет ООО «Издательство «Триада», 2019

ISBN 978-5-94789-903-0

CONTENTS

Part I. Topics

1. About myself 6
2. Appearance and character 9
   2.1. Does the appearance play a big role in our life? 9
   2.2. Appearances are deceptive 10
   2.3. Appearance of people from different countries 12
3. My friend 18
   3.1. A friend is a second self, another I 18
   3.2. Appearance of my friend 19
4. My hobby 21
   4.1. Sport and games 25
   4.2. Travelling 29
   4.3. My winter holydays 31
   4.4. Going to the theatre 35
   4.5. Books in our life 37
5. Do we live to eat or eat to live? 43
   5.1. Food 43
   5.2. At a restaurant 46
   5.3. Dinner at a restaurant 47
6. At the doctor´s 49
   6.1. Acupuncture 50
7. Job and career 55
   7.1. I have a dream 55
   7.2. A Doctor`s View 57
8. A short course in human relations 60
9. How to become a great leader 62
10. Science and technology in our life 64
    10.1. Will robots take our jobs? 64
    10.2. Mr. Smith's New Nose 67
    10.3. Science against Pain 70
11. How to cope with negative feelings 72
    11.1. Beating stress 72
    11.2. Burn out 73
    11.3. Coming back up 76

Part II. Grammar

1. Личные местоимения ... 78
2. Притяжательные местоимения ... 81
3. Множественное число имен существительных ... 83
4. Местоимения some, any, no и их производные ... 88
5. Местоименные прилагательные much, many, little, a little, few, a few ... 92
6. Степени сравнения прилагательных ... 94
7. Present Simple ... 98
8. Present Continuous ... 101
9. Present Perfect ... 104
10. Past Simple ... 106
11. Past Continuous ... 109
12. Past Perfect ... 112
13. Present Perfect Continuous ... 115
14. Past Perfect Continuous ... 117
15. Future Simple ... 119
16. Future Perfect ... 122
17. Future Continuous ... 125
18. Future Perfect Continuous ... 127
19. Пассивный залог ... 129
20. Согласование времен ... 131
21. Прямая и косвенная речь ... 134

APPENDIX 1. IRREGULAR VERBS ... 138

LIST OF SOURCES ... 140

Part I. Topics

ABOUT MYSELF

What are you like? Answer the following questions.

1. What three things do you think are the most important about you?
2. Do you have the best friend? What is he (she) like? Do you spend much time together? Where do you go and what do you do?
3. What is your hobby? What do you like to do in the evenings (at the weekends)?
4. Do you like reading? What sort of books do you like reading? Who is your favorite author?
5. What interesting books have you read? When and where do you usually read?
6. Do you go to the theatre? How often do you go there?
7. What sort of food do you like? Do you cook?
8. Do you go in for sports? Do you like skiing or skating?
9. Do you like music? Do you play any musical instruments?
10. Are you interested in politics? Do you read newspapers? What?
11. Where do you go on holiday?
12. Do you like travelling? What interesting places have you travelled to?
13. Do you like going out? How often do you go out?
14. What interesting people have you met?
15. What do you hate doing?
16. Do you have a pet? What kind of a pet?
17. Where were you born?
18. Where have you lived during your life? Do you like the town you live now? Where would you like to live if you had a choice?
19. What is your family like? Do you have any brothers or sisters?
20. What is an ideal family as you see it?
21. What are your three great wishes?

Are you married? How long have you been married?
What is your wife (husband) like?
When and where did you meet for the first time? Was it love at first sight?
Do you have much in common?
Why do you appreciate each other?
What sort of things do you do together?
Who runs the house in your family?
What are your household duties?
What does it mean a happy family life for you?

Read the text. Fill in the gaps.

A few words about myself

Let me introduce myself. My name is ... . I'm ... years old. I was born in ... (date and place of birth). But now I live in ... . I have been living here for ... years. As for my person, my friends think that I am attractive and nice. I'm tall. I have (fair/dark) hair and (blue/green/brown/grey) eyes. I'm hardworking and try to do all my work well. I'm friendly and I like to spend my free time with my family or my friends, but sometimes I want to stay alone and think.

A few words about my family. My wife is ... . years old. She is a ... (housewife/ doctor). She is pretty. She is fair (dark), blue-eyed, slim, kind. My son is ... . He looks like ... . We have got a pet. It's a dog/cat. It is very funny. We consider it a member of our family. We love it much. Our family is very friendly. When we have free time we try to spend it together. In summer we usually travel abroad. We have visited many countries ... . I liked ... . (country) most of all. At the weekend we go to the countryside. We go to the forest, pick mushrooms and berries, go swimming and fishing. In winter we go skating and skiing.

As for my hobby and interests I'm fond of reading (historical/ science fiction/ detective stories) books. My favourite author is ... . Besides I'm interested in ... . I also go in for sports – play volleyball and football. I like tennis and swimming. In the evening I like watching TV. My favourite program is ... .

I have friends. They are ... . We like to spend our time together. We get on well. They are reliable friends. We share our interests and I know they always help me if I have problems. I can rely on them.

As for my personality I'm calm, tolerant, sociable, active, cheerful, honest, punctual, polite, kind, self-confident, brave.

to appreciate – ценить attractive – привлекательный to be born – родиться to be fond of – увлекаться to be interested in – быть заинтересованным в, интересоваться brave – храбрый calm – спокойный cheerful – веселый to consider – считать fair/ dark hair – светлые/темные волосы at first sight – с первого взгляда to get on well – быть в хороших отношениях, ладить to go out – выйти, бывать в обществе to have much in common – иметь много общего to hate – ненавидеть honest – честный	household duties – домашние обязанности husband – муж introduce – представить (кого-либо) kind – добрый like – похожий, подобный to look like – быть похожим polite – вежливый reliable – надежный to rely on – положиться на to run the house – вести хозяйство self-confident – самоуверенный to share – делить, разделять slim – стройный sociable – общительный tall – высокий wife – жена

Translate into English.

Меня зовут Дмитрий. Я русский, но живу в Беларуси. Мне 20 лет. Я студент второго курса медицинского университета. Я хочу стать врачом-терапевтом. Мне нравятся занятия в университете, и я стараюсь их не пропускать.

Я родился в Курске, в семье врача. Мой отец – детский врач, а мать – медсестра. После окончания Московского медицинского института они приехали работать в Курск и живут там уже 16 лет. Я окончил школу № 7 в Курске и уехал к бабушке в Беларусь. Летом я навещаю моих родителей. Я не женат, но собираюсь жениться через год. Моя девушка тоже студентка медицинского университета.

APPEARANCE AND CHARACTER

Read and translate Text A.

Text A. Does the appearance play a big role in our life?

Does the appearance play a big role for you? Or still do you suppose that a book can't be judged by its cover? Are there such traits of character that you can't endure? What traits in person's character you like most of all?

When we talk about face, legs, man's figure, we talk about his appearance. What kinds of features can be? There are three main face types – square, round and oval. The most attractive type is considered to be an oval one. People can be plump, skinny, fat, and of average weight.

When we talk about a person's character, appearance always pales into insignificance. Why? Because it doesn't matter how beautiful the man outwardly is, his character is the main indicator of the real beauty. Frankly speaking, nobody likes a greedy, tactless, rude and ill-natured person. It's quite another matter to communicate with a nice, amiable, generous and good-hearted man.

Personally I am a girl of a character. I can be both cheerful and easy-going and at the same time thoughtful and reserved. It means that my mood is always changing, but still positive character traits still prevail. Speaking about my appearance, I'm very elegant. I don't have a gram of excess weight. My friends say that my charm is irresistible. But I don't focus too much on outer beauty. Inner beauty is much more important.

amiable – дружелюбный	legs – ноги
average weight – средний вес	to matter – иметь значение
cheerful – веселый	mood – настроение
to consider – считать	outwardly – внешне
easy-going – общительный, беспечный	to pale into insignificance – уходить на второй план
to endure – выносить, терпеть	plump – полный
excess weight – лишний вес	reserved – скрытный
fat – толстый	rude – грубый
feature – особенность	skinny – худой
generous – щедрый	square – квадратный
greedy – жадный	to suppose – полагать
ill-natured – злобный	thoughtful – задумчивый
irresistible – неотразимый	traits of character – черты характера
to judge – судить	

Answer the questions.

Are there such traits of character that you can't endure? What traits of person's character do you like most of all? What is the main indicator of the real beauty of a person? Describe your character and appearance.

Read and translate Text B.

Text B. Appearances are deceptive

Appearances are deceptive. It is a common truth; practically everyone has met at least someone whose character and appearance differ radically. When one sees a tall, broad shouldered youth, one expects him to be strong-willed and brave. One thinks: 'A model to follow!' How often a good-looking individual turns out to be petty, weak-willed or even cowardly. Then one thinks: 'A mediocrity!' At the same time everyone knows that a lot of great people were of a poor build: short and fragile. It did not stop them from displaying intelligence and courage. Ingenuity does not depend on one's complexion or constitution. Plump or fat people create an impression of generous and kind personalities. Strangely enough, not rarely they may be thrifty or even greedy. One usually thinks: 'A scrooge!'

On the other hand, thin or slim nervous ladies often tend to be lavish. They like to buy and never think twice when they pay. One thinks: 'I would call her open-handed and Mother would call her a spendthrift. Yes, mothers are always stricter in judgments.

Has it ever happened to you that you come to an important office and see an important boss? You immediately evaluate his looks: 'Round faced, small narrow eyes, dimples on the cheeks and an upturned nose. What a kind-hearted person! A simpleton!' You tell the boss of your troubles and expect immediate help. But the boss appears to be rude, harsh and willful. You never get your help and think: 'A stone heart and an iron fist.

When someone sees a delicately built pretty blonde with curly hair, blue eyes, a straight nose and a high forehead, one is inclined to think that the beauty is intelligent and nice. It may be disappointing to think later 'What a stupid, capricious, impolite bore!'

On the contrary, when one sees a skinny brunette with ugly irregular features – a hooked nose, pointed chin, close-set eyes and thin lips, strange thoughts come to one's head; because it is the image of evil people – cruel and cunning . It may be a relief some time later to find her a clever, gentle and good-mannered lady and think: 'What charm! A heart of gold!'

Another general misconception lies in the fact that children are always expected to resemble their parents. And parents like it when children take after them. Relatives like to compare moles, the shape of noses, etc. The greatest compliment is: 'They are as like as two peas'. The greatest disappointment is to find nothing in common. We want to deny people their exclusiveness, we don't want to admit that nature has selected other options from an enormous genetic fund developed over generations. Why do we like our copies? Who knows! Nature likes to play tricks on us. But don't you think it is a present on the part of nature? Life becomes not a boring routine, but a brilliant kaleidoscope of characters and appearances which often clash.

to admit – допускать to appear to be – оказаться to be of a poor build – быть плохо сложенным broad shouldered – широкоплечий to clash – сталкиваться close-set eyes – близко посаженные глаза common – общий complexion – цвет лица courage – мужество cowardly – трусливый cruel – жестокий cunning – коварный curly hair – кудрявые волосы deceptive – обманчивый to deny – отрицать to depend on – зависеть от to differ – отличаться to disappoint – разочаровывать to evaluate – оценивать to expect – ожидать evil – злой to follow – следовать fragile – хрупкий generation – поколение gentle – мягкий, кроткий harsh – суровый	high forehead – высокий лоб hooked nose – нос крючком impression – впечатление ingenuity – мастерство lavish – щедрый, расточительный mediocrity – посредственность misconception – недоразумение mole – родинка narrow – узкий open-handed – щедрый petty – мелочный to play tricks on – вводить в заблуждение pointed chin – заостренный подбородок to resemble sbd. – походить на simpleton – простак spendthrift – расточитель strong-willed – волевой to take after – походить на thrifty – экономный trouble – беда; неприятности truth – правда to turn out – оказаться stupid – тупой ugly – безобразный willful – своенравный

Answer the questions.

How can you prove that appearances are deceptive? Have you ever met anyone whose character and appearance differ radically?

Read and translate Text C.

Text C. Appearance of people from different countries

As you know people from different countries do not look the same. For example, people from countries such as Denmark, Norway and Sweden are usually tall. They have fair hair, blue eyes and a pale complexion.

Most people in Mediterranean countries such as Italy, Spain and Greece are rather short. They have usually got black or dark brown wavy hair, brown eyes and light brown skin.

Most people from central and southern parts of Africa have got black curly hair and very dark skin. They have also got dark brown eyes, full lips and a wide, flattish nose.

People from Arab countries such as Saudi Arabia, Iraq and Libya have usually got dark hair and dark brown eyes. They have also got dark skin.

The northern Chinese are quite short, with thick black hair and dark, slanting eyes. They have got a small nose and a yellowish complexion.

Those who live in hot countries wear light clothes like shorts, T-shirts and sandals. People from northern countries such as Canada, Russia and Finland wear too much clothes in winter – coats, hats, scarves, winter boots and other warm things.

In my opinion character does not depend on appearance. So, a very beautiful girl can be angry, nervous person who hates everybody and everything. But an ugly plump person can be really nice and friendly. He can be a good friend, who can always help you. So I advise everybody not to judge people by their appearance.

to advise – советовать	slanting – косой, раскосый
flattish – плоский	wavy – волнистый
pale – бледный	to wear – носить

Exercise 1. Describe the appearance of people from Northern Europe; Mediterranean countries; Arab countries; China; Russia.

Exercise 2. Choose one of the themes and write a composition:

Does the appearance play a big role for you?

Appearances are deceptive.

The appearance of people from different countries.

Exercise 3. Find English equivalents for these words in the texts.

Судить по; черты характера; выносить (терпеть); считаться; уходить на второй план; честно говоря; лишний вес; внутренняя красота; обманчивый; широкоплечий; создавать впечатление: с другой стороны; иметь склонность к; быть строгим в суждениях; оценить вид; ямочки на щеках; простак; оказаться суровым; склонен думать; наоборот; недоразумение; походить на (2); быть похожим как две капли; разочарование; отрицать; принять; вводить в заблуждение; сталкиваться; заостренный подбородок; высокий лоб.

Exercise 4.

a) Find in the texts <u>antonyms</u> to the following words. Translate them.

Skinny – outer beauty – polite – greedy – truthful – good-hearted – to be important – strong-willed – brave – to be of poor build –	a spendthrift – an iron fist – delicately built – a straight nose – straight hair – stupid – beautiful – tall – thin –

b) Find in the texts English <u>synonyms</u> to the following words. щедрый; полный; оказываться; жадный; походить на; жестокий, добрый, худой.

Exercise 5. Complete the sentences using the following words: *excess, judgments, endure, differ, to resemble, attractive, average weight, on the part of, turns out, outwardly, insignificance, poor build, impression, indicator, displaying, tend to, dimples, disappointment.*

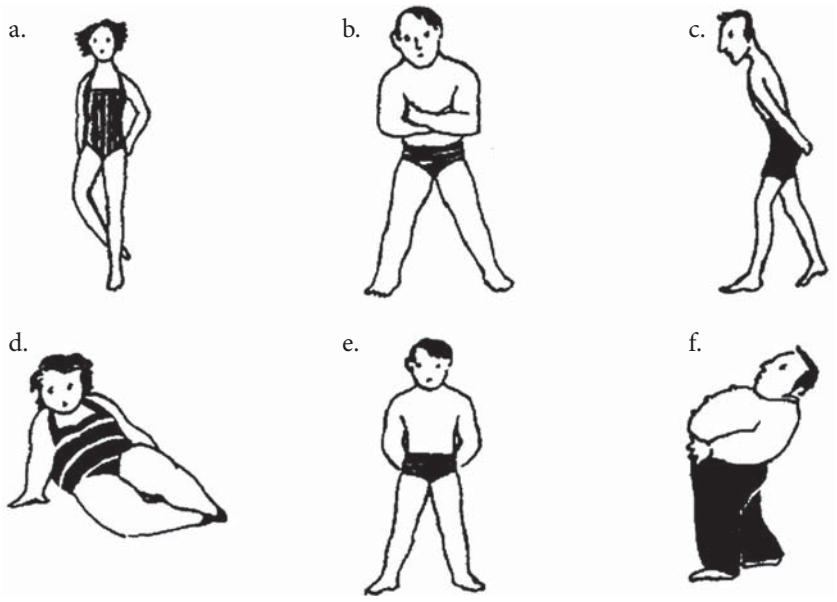
1. I cannot ... some traits of his character.
2. The most ... . Type of face is considered to be an oval one.
3. He is a tall person of ... .
4. After a chat with this man his appearance paled into ... .
5. Character is the main ... of the real beauty of a person, that's why it does not matter how he ... is.
6. He doesn't have a gram of ... weight.
7. Character and appearance ... radically very often.
8. It is often that a good-looking individual ... to be petty, weak-willed and cowardly.
9. A lot of great people were of ... .
10. He was short and fragile but it did not stop him from ... intelligence and courage.
11. Plump or fat people create an ... of generous and kind personalities.
12. Thin or slim ladies ... be lavish.
13. Mothers are always stricter in ... .
14. ... on the cheeks created an impression of a kind-hearted person.
15. Children are always expected ... their parents.
16. The greatest ... for her was to realize that the child had taken nothing after her.
17. It is a present ... of nature.

Exercise 6. Translate from Russian into English.

1. Она не выносит невоспитанных людей.
2. Считается, что полные люди добрые.
3. Честно говоря, я разочарован.
4. Не будь так строга в суждениях, ты совсем ее не знаешь.
5. Прежде всего, мы оцениваем внешний вид собеседника.
6. Босс оказался грубым. Он никогда никому не помогает.
7. Эта хорошо сложенная блондинка с кудрявыми волосами – его подруга.
8. Он во многом похож на отца.
9. Он думает (склоняется к тому, что), что она умная и вежливая.
10. Это большое недоразумение думать, что дети обязательно должны быть похожи на родителей.
11. Они похожи как две капли.
12. Ей отказали в просьбе.
13. Он отрицал все обвинения.
14. Детям вход бесплатный.
15. Я допускаю, что я был неправ.
16. Его зачислили в университет.
17. Их интересы столкнулись.
18. Ребенок обманул родителей.
19. Неважно, насколько человек красив снаружи. Внутренняя красота важнее.
20. Его позитивные черты характера превалируют.
21. У него ни грамма лишнего веса.
22. Они сосредоточили внимание на выступающем.
23. Они должны были терпеть большие трудности.
24. Подумай дважды, прежде чем купить эту вещь.
25. Все ожидали от высокого, широкоплечего юноши, что он сильный и храбрый. Но он оказался слабым и трусливым.

Exercise 7. Put each description of people to the correct picture:

1. He isn't very tall. He's short and stocky.
2. She's tall and slim. She's got a lovely figure.
3. He's quite a big guy. He's quite well-built.
4. She's a bit overweight. She's quite plump, isn't she?
5. He's very fat. He's absolutely enormous.
6. He's very thin. He's so skinny.



Exercise 8. There are four extracts from different sources. Which sources are these extracts from?

1. An extract from a novel.
2. An extract from a newspaper report.
3. An extract from the Guinness Book of Records.
4. An advertisement in a lonely hearts section of a newspaper.

* *GSM – good sense of humor; WLTM – would like to meet*

a.

> **Small, slim, blue-eyed blonde, GSH, early 30's WLTM hunky male 28-38 for fun and friendship. Call me on 09765-567892.**

b.

> The first man was small and wiry, with sharp, strong features. Behind him walked his opposite, a huge man, with wide shoulders; and he walked heavily, dragging his feet a little, the way a bear drags his paws.